



Greater Manchester and East Cheshire (GMEC) [Maternity Rights Advice Service](#) – now live

Maternity Action is the UK's maternity rights charity dedicated to promoting, protecting and enhancing the rights of all pregnant women, new mothers and their families to employment, social security and health care.

About our GMEC Maternity Rights Advice Service

Maternity Action is delivering a dedicated [Maternity Rights Advice Service](#) for the Greater Manchester and East Cheshire region providing specialist legal advice on maternity rights by phone and email.

The service provides free and confidential advice on **work and money issues**. We can support women and families with cost of living concerns and issues which arise at work. Issues we can help with include:

- Calculating and getting maternity pay
- Checking benefits entitlements
- Sick pay and holiday pay queries
- Stress at work and dealing with redundancy
- Safe working conditions in pregnancy
- Agency workers and self-employed workers

Women and families can contact Maternity Action by phone or email:

- Call FREE: 0808 801 0488 (10am-1pm Mon-Fri or leave a voicemail)
- Or fill out our online form for email advice or to request a call back:
<https://maternityaction.org.uk/manchester-maternity-rights-form/>

Guidance for Professionals

If you are working with new or expectant parents, please tell them about this new service and ask them if they have any worries about work or money.

If they have any worries about work or money, big or small, please encourage them to contact the service. Maternity Action advisers will talk to parents about their situation and help with practical solutions.

Parents do not need to have a particular problem to get in touch with us. Contacting us in the early stages of pregnancy for information about their rights can help to avert future problems and we can help to check maternity pay and benefits entitlements.

Professionals can refer to our service through the contact form with their client's consent, by helping the client to complete the form. If your client would like us to call them back with an interpreter, please specify this and let us know which language.

Our service makes a real difference to women's lives, helping women to retain their jobs, reduce stress and resolve problems at work, as well as accessing maternity pay and benefits.

Contact us

Please let us know if there are opportunities to tell you more about the service at team meetings or events, or if you have any questions, you can contact manchesteradvice@maternityaction.org.uk

We can arrange outreach and engagement sessions either in-person or online and organise training sessions about the service or about pregnancy and maternity rights and benefits. Please get in touch if you would like to find out more or to arrange a training or outreach session for your service.